



MPPG - 6 day Menu

Eating tasty meals makes times spent in the outdoors all the more enjoyable. We take great pride in our campfire culinary skills; providing delicious, hearty meals is an important part of all our trips. Vegetarians and those with special dietary needs are always accommodated. You will be pleasantly surprised at how many gourmet entrees we can create around the campfire.

	BREAKFAST	LUNCH	DINNER
Day 1		On the road north	Surprise Appetizers Grilled Steak & Portobello mushrooms Potatoes Green beans Dessert - Coffee, tea, drink
Day 2	Bagels and cream cheese Coffee, Juice Fresh fruit	Cold cuts; ham, turkey, cheese, lettuce, tomatoes, mayo, mustard Bulky Rolls - Juice, Snacks	Surprise Appetizers Grilled Salmon Couscous Corn on the Cob Dessert - Coffee, tea, drink
Day 3	Eggs Bacon, Salsa, tortillas Coffee, Juice Fresh fruit	Veggie Chili, corn bread Juice Snacks	Surprise Appetizers Beef Fajitas, green, red, yellow peppers, onions, black beans, served in a tortillas w/cheddar cheese, salsa, and sour cream Rice – Dessert - Coffee, tea, drink
Day 4	Pancakes, syrup sausage Coffee, Juice Fresh fruit	Hot dogs, Buns, mustard, ketchup Chips Juice Snacks	Surprise Appetizers Chicken Stew/Dumplings W/ veggies Dessert - Coffee, tea, drink
Day 5	Granola, Yogurt, Fresh fruit, Coffee, Juice	Cheese & pepperoni pita pockets, Chips Juice Snacks	Surprise Appetizers Red beans and Rice Kielbasa Dessert - Coffee, tea, drink
Day 6	Muffins, Oatmeal, Fresh fruit Coffee, Juice	Cheese & Crackers, Fresh Fruit Juice Snacks	On the road
Extra	Peanut Butter & Jelly Gatorade Juice GORP (trailmix)	Granola Bars candy bars mustard sardines Deserts, Brownies, cake	Fresh Fruit Parmolot (Milk) tea/Honey sugar

Please review this menu. We will be glad to accommodate any special dietary requirements, restrictions, allergies, or desires. Also, if you are inclined to have a glass of wine or beer with your meals please let us know.